



pkc Newz

New Dojo, New Beginnings!

We are thrilled to announce our new dojo location!

Starting **Monday, November 4, 2024**, we'll be practicing at **2341 Whittington Drive, Cavan Monaghan, ON K9J 0G5**.

As we bid farewell to the Mark Street church (which is set for redevelopment), we look forward to welcoming you to our new space - just east of Fleming College. It's a cozier environment. It's packed with the energy and spirit of a true dojo!

This transition is designed to enhance your training experience, providing greater flexibility and exciting new options. We can't wait to build our new karate home together!

Incidentally, we're planning for a Grand Opening of our new dojo in the New Year. We'll let you know the date and time once it's finalized.



There was more to the SWKKF 2024 Symposium than just karate, as Eli found out! There was ice-cream, chocolate, swimming, great friends, superb pizza...

Register now for the July 2025 Super Event!

Photos by Danika Campbell/Millbrook Wado Kai

Welcome Back Everyone

We're thrilled to see our karate family returning after a rejuvenating summer! We hope you soaked up the sun and are ready to kick off another incredible season of training.

We want to extend a heartfelt thank you to all our members who trained with us throughout the summer. Your dedication and perseverance are truly inspiring, and we're proud to have such committed karatekas in our community!

Kids' Karate Grading – Get Ready to Shine!

For our dedicated young karatekas, it's time to showcase your skills! Join us for the **Kids' Grading on Thursday, October 24, 2024, at 6 PM sharp.**

What to Expect:

- ◇ **Duration:** Approximately 2 hours
- ◇ **Arrive Early:** Please come at least 15 minutes early to get changed and settle in.
- ◇ **Family & Friends Welcome:** Let's make this a celebration! Parents, grandparents, guardians, and friends are encouraged to cheer you on.

Don't forget to bring your **SWKKF Membership Passports** to commemorate this milestone in your karate journey. If you achieve a new rank, we'll ensure it gets recorded in your Passport!



Attention Adults — Your Grading is Coming

Stay tuned for the upcoming Adult Grading in November. Whether you have been training hard or returning after a break, you won't want to miss this opportunity to advance your skills.

2024-2025 SWKKF Registration: Important Reminders!

As we gear up for another fantastic year, it's time to get your SWKKF registration in order!

- ◇ **Registration Opens:** 1 September 2024
- ◇ **Initial Fees Due:** 15 October 2024
- ◇ **Cost:** \$79.10 (i.e. \$70 + 13% GST)

Being registered with the **Shintani Wado Kai Karate Federation (SWKKF)** grants you access to an array of amazing benefits, including:

- ◇ **Scholarships:** Apply for one of three annual \$1,000 scholarships.
- ◇ **Exclusive Clinics:** Learn from high-ranking black belts.
- ◇ **Mentorship & Instructor Support:** Gain insight and skills from our Chief Instructor, Sensei Ron Mattie.
- ◇ **Access to Tournaments, National Teams, and Club Insurance.**

Don't miss out on these valuable opportunities!



Annual Delhi Clinic and Tournament

Don't forget to mark your calendars for the Annual Delhi Clinic and Tournament, scheduled for 15 –16 November 2024, at the Delhi German Hall, 443 James Street, Delhi, Ontario.

If you're interested in participating in this tournament, **please let me know as soon as possible**. For more detail, **check out the advert on the next page**.

NOVEMBER 15TH AND 16TH 2024

TOURNAMENT

DELHI AND CLINIC



Location

Delhi German Hall
443 James St. Delhi Ontario

Friday November 15 Clinic

Juniors / Family 6:30 PM
Adults 7:30 PM
Fees Juniors Free / Adults \$20.00

For more information contact
Sensei Jim Atkinson
jatkinson@shintani.ca

Saturday November 16 Tournament

\$30.00 for one or more events
Family of 3 or more \$60.00

For more information contact
Darwin Sherman
shermanfarm@kwic.com

Katrina Marques
katrinamarques68@outlook.com

Join us for an exciting two-day Karate Clinic and Tournament in Delhi, Ontario, on November 15th and 16th, 2024!

Friday features a special clinic with guest instructor Sensei Michel Gosselin, offering a chance to learn and refine your technique.

On Saturday, the tournament kicks off at 9:00 am, providing an opportunity for friendly competition and skill demonstration.

Don't miss this chance to challenge yourself, connect with fellow students, and celebrate our martial arts community!



Register Today!

Click here

<https://rebrand.ly/z0j06e4>

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THE SHINTANI WADO KAI KARATE FEDERATION

www.shintani.ca



Our New Schedule – Get Ready to Train!

We've finalized our new class schedule. As we settle into our new dojo, we'll introduce more classes based on your feedback and our collective experiences. At that point, we'll update our schedule.

DAY	TIME	AGE GROUP
Monday	5 p.m. to 6 p.m.	3 to 6 year olds (There will be <u>only one class a week</u> . It's an introduction to karate with a strong focus on play, fun, body awareness and social skills.)
	6 p.m. to 7 p.m.	7 to 12 year olds
	7 p.m. to 8.30 p.m.	Teens and Adults (Kids with Green Belts and above welcome)
Thursday	6 p.m. to 7 p.m.	7 to 12 year olds
	7 p.m. to 8.30 p.m.	Teens and Adults (Kids with Green Belts and above welcome)
Saturday	9 a.m. to 10 a.m.	7 to 12 year olds
	10 a.m. to 11 a.m.	Competition training (Depending upon whether we travel to tournaments)



Thank you for your unwavering support and dedication. Here's to an amazing season ahead at our new dojo! Let's train hard and achieve greatness together! 🥋🌸

About pkcNewz

Each month we publish a newsletter for our Club members and friends.

The newsletters contain details of upcoming courses or seminars, gradings and competitions. We recognize results from recent gradings or any competitions our students have competed in and updates from the SWKKF (Shintani Wado Kai Karate Federation).

We will also notify you of any changes in training times and venues that we're aware of in advance.

Keep safe. Keep well. And keep practicing.

Let me know should you have any questions.

Sensei Brodie

Chief Instructor

Sensei Brodie, 4th Dan

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e-mail - sensei.wuson@gmail.com

Website - <https://johnmealn.wixstudio.io/ptbokaratedo>

Map of Our New Location — 2341 Whittington Drive, Cavan Monaghan, ON K9J 0G5

